

A Numerology Chart Analysis

for

Melissa Field

Birth data:

Melissa Ann Field

June 4, 1982

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Birth date: June 4, 1982

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INTRODUCTION

About your Personal Reading

This reading was composed for you personally, Melissa, and is based on your full name at birth, your date of birth, and the name you now use to introduce yourself. Please check your birth data on the title page to make sure the names and date of birth used are correct.

If you have two or more middle names or last names, you may find the names strung together. This is necessary to make Transit and Essence cycles function correctly. For example, the name John Patrick Henry Hancock would appear on the title page as John PatrickHenry Hancock.

Melissa, your Personal Numerology Reading describes all aspects of your chart as they are understood in numerology, accurately and in-depth.

Each chapter starts with a short introduction telling you where this particular number is found and how it affects you. This is followed by the number itself. Often, you will find a double digit number followed by a single digit.

The meaning of your number is then explained in easy to read language. Melissa, you don't need to know anything about numerology to be able to enjoy and benefit from this reading.

I hope you will enjoy your reading.

LIFE PATH

If ever there was a moment of total transformation, it was the moment of your birth. In that instant, you stepped through a door in time into a new reality -- the reality of human life. The most important number in your numerology chart is based on the date of your birth, the moment when the curtain goes up in your life.

Even at that moment, you were a person with your own unique character, as unique as your DNA. Everything that is you existed in potential, much like a play that is about to begin. Your entire life exists as a potential that has been prepared for. Melissa, you have ultimate freedom to do with your life as you like: To fulfill its potential completely, or to make some smaller version of yourself. It all depends upon your effort and commitment. You make the decisions to fulfill, to whatever extent, the potential life that exists within you. That is your choice. In this sense, the possible you is implicit during the moment of your birth.

The Life Path number gives us a broad outline of the opportunities, challenges, and lessons we will encounter in this lifetime. Your Life path is the road you are traveling. It reveals the opportunities and challenges you will face in life. Your Life Path number is the single most important information available in your Personality

Chart!

Your Life Path is 12/3

You possess a great talent for creativity and self expression. Many writers, poets, actors and musicians are born under the 3 Life Path. Melissa, you are witty, possess a gift for gab, and savor the limelight. Your talent for the expressive arts is so abundant that you may well have felt drawn to becoming an artist while still very young. Your artistic abilities can only be developed, however, through discipline and commitment to the true development of your talent. Commitment, concentration and hard work are the only means of bringing forth your talent. Thanks to your gift for self expression, you can be the life of the party, and the center of attention. However, you could easily squander your talent by becoming a social butterfly. Your creativity is the gift that can give you the comfort and luxury you desire, but not without continual focus and discipline. You are optimistic and possess the resilience to overcome many setbacks. You are socially active, popular, and inspire people with your sunny "happy go lucky" attitude. Melissa, you can be generous to a fault. Many people born under the 3 Life Path have difficulty handling money because they can be disorganized and not particularly serious about their responsibilities. You are emotional and vulnerable. When hurt, you withdraw into a cloud of silence, eventually emerging from your reticence with jokes and laughter that cover up your true feelings. You can become moody and cynical when depressed. You can succumb to sarcastic remarks, which can be painful to those around you. When used positively, your talent for self expression can be a great inspiration force in the world, uplifting others, and bringing much success and happiness to you.

BIRTHDAY

The day you were born bears great significance in understanding who you are and where your talents lie. The day of birth indicates some special talent you possess. It is a gift to you that will help you along your Life's Path. Your day of birth is one of your four core numbers -- the Life Path, Expression, and Heart's Desire being the other three. It is the least significant of the four core numbers, but perhaps the most finite, in that it reveals a specific ability you possess in a marked degree.

Your Birthday is 4

You are a hard worker and a conscientious person. You are precise and take great care in what you do. You are highly-principled, disciplined, and responsible. Melissa, you take your obligations very seriously. You are highly ethical.

You can be proud and upright, but, conversely, you are not particularly arrogant. You have compassion for people. You tend to persevere in the face of an obstacle or personality problem.

Melissa, you love your family and make a wonderful mate. Yet, you are not overly emotional, nor very demonstrative of your love. You tend to understate your affections.

You are constantly focused on the foundations of your life -- whether it is in business, career, or family matters, you take care of the basics. You are highly rational. You are not one for pie-in-the-sky solutions to problems. Nor are you given to get-rich-quick schemes. Yours is the slow, patient approach, sound and secure.

You also like to be in nature.

You are a natural organizer and manager. People -- especially relatives and co-workers -- tend to rely on you. Melissa, you are perceived as the rock of any endeavor.

You can be stubborn and rigid. Your nature is to dig in and wait. This can close you off from solutions or creative ideas. You must work at being more flexible.

You often experience frustrations and repression. You are not an emotional person, and perhaps you don't fully understand the emotional realm. This is the reason you can be rather tactless at times.

Be careful to avoid excess work and missing out at smelling the roses of life.

EXPRESSION

Your Expression number reveals your physical and mental constitution, the orientation or goal of your life. Some numerologists refer to this number as the Destiny, because it represents a lifelong target at which you are aiming. You work at fulfilling this potential every day of your life. Thus, the Expression number reveals your inner goal, the person you aim to be.

The Expression number reveals the talents, abilities, and shortcomings that were with you when you entered your human body. Your name, and the numbers derived from it, reveals your development, as well as the talents and issues you will be working with during this life.

For those for whom reincarnation is an accepted philosophy, the vibration of your full name can be seen as the totality of your personal evolution, the experiences, talents, and wisdom accumulated over many life times. Every experience, no matter how great or small, along this evolutionary path has influenced your development, and brought you to your current state of being.

The Expression is your being; the Life Path is the major lesson you are attempting to learn this time around. Time allows the gradual emergence of your personality. By reading the Expression number below, you will come to

understand your basic nature and the abilities and issues inherent in your being.

Your Expression is 26/8

Melissa, you have the power and potential to achieve great things. It is both your challenge and your birthright to gain dominion over a small part of the earth. Whatever your enterprise, you strive to be the best and most successful in your field. You are highly competitive and will not rest until you are satisfied that you have bypassed the opposition. You enjoy challenges and rivalry.

You are a realist and a visionary planner. Money and authority are available to you if you are willing to discipline yourself -- generally an inborn talent -- and persevere in the face of the considerable obstacles in your path.

You are dynamic and have a talent for efficiency. You understand the larger picture, see the broader challenges, and know how to marshal your collective resources to address the problems. You delegate responsibility well; it is best for you to leave many of the details to others.

Melissa, you are a great leader of people and an outstanding judge of character. You are demanding of those who work for you, often putting things in no uncertain terms: do it my way or don't do it at all!

At the same time, you don't hesitate to reward the faithful and hardworking employee. You are not a particularly tolerant leader; too much tolerance violates your sense of efficiency. You go directly after your goal with courage and tenacity.

You have a natural understanding of money, authority, and power. You are able to struggle consistently after your goal. Eventually power falls to you. Within you lies an innate balance between the higher and lower characteristics of man. Your challenge in life is to balance your higher ideals and your understanding of the hard realities of the earth.

Much effort will have to be put out and many ups and downs experienced before you reach the level of success you desire. Life will probably test you many times with obstacles that seem insurmountable. But in reality, these are merely opportunities for you to learn how to use power and authority in the face of difficulties, and to find out just how much power lies within you.

It is crucial for your success that you balance the material and the spiritual. You have chosen a path that requires balance between giving and taking, reward and punishment, action and reaction. Despite the obstacles on your path, you are a true survivor.

When focused exclusively on your desire for results and success, you can become stubborn and intolerant; you can be driven by excessive ambition, causing you to be exacting and without perspective. Be careful of your alcohol consumption, a danger-zone for you. Melissa, you can be a social drinker, mixing business with pleasure -- a dangerous cocktail.

An excellent manager, organizer and administrator you have talents in many areas of life. Entrepreneurs, executives, bankers, brokers, negotiators, gamblers, coaches, collectors, heads of institutions, builders, art dealers, manufacturers, promoters, military officers, police detectives, smugglers, engineers, pilots or sea captains.

You have been entrusted with special gifts, the use or abuse of which has an immediate and often physical effect upon you and those around you! Use these gifts for the good of mankind and accept your own good fortune with gratitude. This is your rewarding stage in your evolution. Yours is a life time of harvest

MINOR EXPRESSION

The Minor Expression number is based on the current (or short) name; the name you now use to introduce yourself including your last name.

The influence of the short name is minor in comparison to your full name. Interestingly, the short name often compensates in some way for numbers (and their related characteristics) that are missing or out of balance in the full name.

For instance, a number missing in the full name may show up prominently in the short name; or a number (or numbers) that appears in excess in the full name can be compensated for in the short name. If a name change takes place later in life through marriage or for professional reasons, it adds or subtracts certain qualities. It can also focus and intensify existing characteristics or talents that may be latent.

Your Minor Expression is 15/6

Your short name adds love, warmth, generosity and genuine concern for others. It increases your concern for family and those less fortunate than you.

Melissa, you are better equipped to deal with duty and responsibility and even find greater satisfaction in it.

You want to do good in the world. You become more socially conscious and seek ways to better the plight of others.

Your artistic abilities are enhanced. You are more concerned with beautifying your home, or engaging in healing and teaching.

HEART'S DESIRE

Your Heart's Desire is the inner you. It shows your underlying urge, your true motivation. It reveals the general intention behind many of your actions.

Consequently, it dramatically influences the choices you make in life. The Heart's desire is seen as part of the larger picture, called the core numbers, which includes the Life Path, Expression, Day you were born, and Personality. But

each points to a different aspect of you.

The Expression number reveals your talents and abilities, and your general direction in life. The Life Path is the central lesson you came into the world to learn. The Day you were born is very closely connected to your Life Path. It reveals specific talents you possess, which will be helpful to you in dealing with your Life Path. The Personality reveals how people tend to see you. It also demonstrates what characteristics you are projecting to the world. The Heart's Desire demonstrates the identity of the soul that joined the earth -- you, the spiritual being.

Your Heart's Desire is 12/3

Melissa, you love a good time. You are generally happy, friendly, and outgoing. You have a gift for gab. You are very witty, creative, and playful. You inspire and entertain people. You are considered by many a great companion.

Many outstanding comedians have this Heart's Desire. You have a good mental and emotional balance and there is little that gets you down.

You have a gift for self expression and are drawn to the verbal arts -- writing, acting, singing, and poetry. You may have a great talent in one of these areas. If your creativity is blocked or suppressed, you tend to daydream and fantasize. Your imagination needs a constructive outlet; otherwise, it may run away with you.

At the same time, you may have great difficulty expressing your deeper feelings and important personal thoughts. You prefer to stay on the surface, entertaining people with your wit.

If you fail to deal honestly with your inner nature, you may succumb to compulsive talking. Such behavior may be merely a way of siphoning off emotional energy that is building beneath your surface. Your deeply felt emotional life cannot be avoided or suppressed. But you possess the talent to channel these feelings into highly creative and artistic form. Art and self-expression are your outlets.

Melissa, you need discipline to make full use of your abilities. Too often, you may scatter your energies in many directions, beginning projects that are never finished and never really succeeding in anything.

Your success depends on your ability to commit to your work and to see it through to completion. You have so much creativity and inspiring upward energy that you are in desperate need of an anchor. Hard work and discipline serve this purpose and bring out the best in you.

Because you are gifted with such a sparkling personality, you are tempted to stay on the surface and play with life. You are confident and love the attention others give you, but these characteristics can lead to vanity and self-absorption.

Melissa, you have the potential to live a very full and successful life thanks to

your talent for artistic self expression. The key to your success is a balance between the creative forces and self-disclose.

MINOR HEART'S DESIRE

The Minor Heart's Desire number is derived from the vowels of your current name; the name you now use to introduce yourself. The current name is a refinement of the more complex qualities of your longer name (the full name at birth). It sharpens and bundles the energies that are reflected by your full name. It intensifies certain aspects of your being, and de-emphasizes others. For this reason, the short name often provides insight into what you truly want in life. It also often reveals the extent of your understanding of what you want from this life. It reveals both your strong desires, and the limits you place upon your potential.

Your feelings about your current name are different from your full name. It affects how you feel about yourself; it changes your identity slightly.

Your Minor Heart's Desire is 11/2

Melissa, your short name increases your sensitivity, intuition, and perceptiveness. It inspires you to deepen your investigation of the mysteries of life. You are more attracted to religion, philosophy, and spiritual understanding. It may awaken your intuitive and even psychic abilities.

At the same time, your Minor Heart's Desire number makes you more sensitive to your own shortcomings. It encourages you to work on yourself.

Your increased sensitivity will encourage you to seek out harmonious and peaceful environments. This will balance the nervous tension that the 11 can stimulate.

Your desire to work with others is also improved. You are likely to feel more humble and modest, and seek ways to avoid conflict and maintain harmonious relationships.

Melissa, your heightened intuitive powers bring highly creative ideas, sudden insights, and realizations.

PERSONALITY

Your Personality number is derived from the consonants of your full name at birth. Your Personality is like a narrow entrance hall to the great room that is your true nature. It is those aspects that you feel comfortable sharing with people at the outset of a relationship. With time and trust, you invite others into the deeper aspects of your nature; you reveal more of who you really are, in effect, your

Heart's Desire, Expression, and so on.

Your Personality number often serves as a censoring device, both in terms of what you send out, as well as what you allow to approach. It discriminates in the kinds of people and information you let enter your heart and mind. For this reason, your Personality is usually much more narrow and protective in its definition than the real you. It can screen out some of what you do not want to deal with -- people or situations -- but it also welcomes those things that immediately relate to your inner nature.

Your Personality number also indicates how others perceive you. No one can be objective about himself or herself. Even our closest friends and relatives have trouble describing how they see us.

Your Personality is 14/5

Melissa, you are a stimulating person. You brighten social gatherings with your fresh and original ideas. Your conversation tends to be sprinkled with novelty and wit.

You have a quick tongue and charisma. You are probably an excellent salesman. There is a lot of nervous energy within you looking for an outlet.

You love your freedom and you see this life as an ongoing adventure. You are upbeat and optimistic. This is infectious for those you meet. As a result, you inspire others.

You have a strong and attractive body, with good muscle tone. Your movements are supple, graceful, and athletic.

Melissa, your bane is that you love to indulge your senses with food and drink and can easily gain weight. You have an appetite for anything that stimulates the senses -- sex, food, alcohol, and drugs. Discipline is a necessity for you. The negative side of a 5 Personality Number can give rise to an addictive personality.

You like to dress fashionably and can get away with more colorful clothes. However, you should be aware of the value of quality and the power of modesty.

You are a little irresponsible and quick in satisfying your sensual urges. You are attractive and that, coupled with your innate ability to promote yourself, makes it easy for you to satisfy your desire for new and exciting relationships.

You have a kind of swashbuckling personality. People see you as the adventurer that you are. They expect the unexpected from you, and when they don't you often surprise them.

You have a quick and eclectic mind. You attract information from all directions, but you can be a bit superficial, skimming over the surface of a wide diversity of subjects. This may cause you to be a bit of a dilettante. You can get away with it much of the time, but for your own success and happiness, you should try to ground knowledge and deepen your understanding.

Melissa, your versatility and adaptability make you capable of getting the most

out of virtually every opportunity in life. You decide quickly on a course of action and your timing is usually good. You radiate with the potential for success, which attracts others who can further you along your path.

MATURITY

Your Maturity number indicates an underlying wish or desire that gradually surfaces around age thirty to thirty-five. This underlying goal begins to emerge as you gain a better understanding of yourself. With self-knowledge comes a greater awareness of who you are, what your true goals in life are, and what direction you want to set for your life. This, in a nutshell, is the gift of maturity: You no longer waste time and energy on things that are not within your own special identity.

No matter what your age is at present, your life is being channeled in a specific direction, toward a very specific goal. That goal can be seen as a reward or the fulfillment of a promise that is implicit in your current efforts, often without your knowing it consciously. While the characteristics of this number are usually visible during childhood, we tend to lose sight of these aspects until later in life. But our lives are always being affected by this influence, nonetheless.

Your Maturity number begins to have a more profound impact on your life after the age of 35. The influence of the number increases steadily as you grow older.

Your Maturity is 11/2

As you mature, Melissa, you will discover that you possess a growing talent for understanding and working with other people. Your ability to influence others through tact and diplomacy will grow. These talents will further you along in your career or business. You will become increasingly shrewd, and will learn the art of discrimination. Your sensitivity to the needs and desires of others improves dramatically. You will be able to evaluate their motivations with a growing clarity and uncanny accuracy.

You find you can get more done by persuasion and gentle guidance than by force.

Melissa, you may well have to learn to assume the role as the power behind the throne. Your influence is less public, and you may not always receive the public recognition you deserve. However, your satisfaction comes from seeing the fruition of your own ideas come about, the result of teamwork and cooperative efforts.

If you already have many 2s in your chart, especially in the core numbers, you may become overly sensitive, a characteristic you will have to keep in check. If you have few 2s in your chart, the influence of your Maturity Number will greatly increase your ability to work harmoniously with other people.

L/E BRIDGE

The Bridge numbers in your chart are the numbers that indicate how you can make the relationship between the individual core numbers in your chart easier and more compatible. Bridge numbers have the potential to "close the gap" between the Life Path and Expression number, or the Heart's Desire and Personality number.

In this chapter we will explain what you can do to make your talents, strengths, and specific abilities (Expression number) more easily available and fitting the needs of your main lesson(s), and expected direction of growth (Life Path).

Your Life Path / Expression Bridge number is 5

Melissa, you need to be more flexible and adaptable. Be willing to go out on a limb; be adventurous and unconventional. Be tolerant and flexible. Accept changes. Rigid ideas and dogmas may keep you from reaching out and following your dreams. Make freedom a high priority in your life.

Your strength lies in using your creative talents in a business-oriented manner. Your weakness is your tendency to suppress your creativity in favor of career and business. This can make you overly cautious and slow to make decisions.

H/P BRIDGE

Several Bridge numbers can be found in your chart. The Bridge number between the Life Path number and the Expression number was described earlier in your reading. The following Bridge number relates to your Heart's Desire number and your Personality number. This Bridge number, the Heart's Desire - Personality bridge, explains how you can make your deeper self -- your needs and desires, your true nature -- more aligned with the part of your personality others tend to recognize when they meet you. With a little exaggeration, you could say that your Personality number is somewhat like your mask. It is the more superficial you; a protective shield and a camouflage of the deeper you. You can easily imagine how much more comfortable, and less self-conscious, the experience of life becomes when your deeper and more real you is closer and more fitting to the personality you reveal on a day to day basis.

Your Heart's Desire / Personality Bridge number is 2

Be more sensitive to the needs and expectations of others. Do not rock the boat too often, but keep the peace and try to make things run smoothly. You have to use your ability to influence others with gentle diplomacy, instead of

confrontations. Be more cooperative.

KARMIC LESSONS

Numerology is based on the understanding that we enter life with certain strengths and weaknesses. Karmic lessons are areas that we are currently weak in and must be faced and worked on in this life. There can be more than one Karmic Lesson. These are indicated by the absence of certain numbers in your name.

The letters and numbers of your name point to talents and abilities that you possess. These characteristics can be compared to a workshop in which certain tools are available to you. Missing numbers, those that are not represented in the letters in your name, imply tools that are unavailable, and must be learned and mastered during this lifetime.

You may well recognize your Karmic Lessons as weaknesses you have learned to overcome in the course of your life, however, the challenges implied in your Karmic Lessons will continue to come up occasionally for the rest of your life.

You have a Karmic Lesson 2

Melissa, you must learn to be more diplomatic and tactful, to stay in the background when necessary and sometimes to accomplish something without the need to be praised and rewarded. Learn to be part of a team.

You must learn to be more sensitive to other peoples' needs and feelings. You will regularly find yourself in a situation where the only road to success is through patience and attention, requiring you to work closely cooperatively with others.

The effects of this Karmic Lesson are diminished if you have at least one 2 among your core numbers (Life Path, Birthday, Hearts Desire, Expression, or Personality Number).

You have a Karmic Lesson 7

Melissa, you need to deepen your knowledge and talents in a specific discipline. You lack the will or determination to perfect yourself or a specific talent you possess. You must learn to be your own critic, without self condemnation, in order to bring your abilities to their full development.

You will learn not to take things at face value. A superficial understanding of important matters will prevent you from experiencing the satisfaction of your true potential.

The effects of this Karmic Lesson are diminished if you have at least one 7 among your core numbers (Life Path, Birthday, Hearts Desire, Expression, or Personality Number).

You have a Karmic Lesson 8

Melissa, you can attract a considerable amount of money and even be a good business person, but you experience major ups and downs in your financial affairs, due largely to your lack of caution in handling your resources.

You are highly independent and do not want to be told how to do things. You have great problems with authority figures. This stems from a kind of know-it-all attitude and stubborn behavior that prevents you from knowing your limits.

You will have to work at knowing how to handle money. In all likelihood, you will attract enough of it, but it has a tendency to slip through your fingers. This Karmic Lesson forces you to learn your limitations, and the limitations of your resources.

Learn to be efficient.

The effects of this Karmic Lesson are diminished if you have at least one 8 among your core numbers (Life Path, Birthday, Hearts Desire, Expression, or Personality Number).

HIDDEN PASSION

Your Hidden Passion reveals one or more special strengths and talents that you rely upon and are available to you. The Hidden Passion represents your specific field of expertise, or a concentrated talent.

Metaphorically, this talent can be seen as having a power all its own to shape your life. Its existence gives you a strong desire to develop and to express that particular ability. Having the talent demands that you express it, that you experience this part of you, and that you live according to its nature. In this way, the Hidden Passion shapes your personality, and guides your life.

Your Hidden Passion is 1

Melissa, you have a strong drive to stand out. You have a great ambition and desire to accomplish. You are highly competitive and want to be the best and the first in everything you do. You are highly energetic and creative. You are capable of influencing and even dominating others. You have highly developed political skills, and can succumb to manipulation unless your ideals are high.

Ironically, there are times when you lack confidence, especially at an earlier age, but you have the strength to overcome this obstacle.

Melissa, you are a survivor, a warrior, a leader. Many great athletes and politicians have this number as a Hidden Passion.

Your Hidden Passion is 5

Melissa, you love travel, change, and new challenges. You are highly adaptable and versatile. You have a talent for languages, and are generally good with words. Writing, promotion, and public relations work suit you perfectly.

You are sensual and a bit impulsive. You love to satisfy your senses, which can get you into trouble. Overindulgence in food, drink, sex, and drugs are common among people with too many 5s -- six or more.

You are resourceful and original. You have a good sense of humor and a quick tongue.

Your desire for freedom is extremely strong and it will take effort and discipline to stick with whatever it is you started. There is a tendency to give up a project or situation prematurely.

Melissa, you may be interested in too many things, which can make it hard for you to apply yourself to one area successfully.

You are very unconventional.

Commitment in relationships and your work is fundamental to your happiness. You may have a tendency to wander from person to person, job to job, making depth of relationship or deep expertise difficult.

PLANES OF EXPRESSION

Each of us experiences life on four different levels: with our physical body; our mental faculty; our emotional makeup; and our intuition. Each of these areas has a specific means of perceiving information. The physical body is capable of touch, taste, pleasure, and pain. It provides us with a sense of the physical world. The mental body, like the emotional and intuitive natures, perceives the invisible worlds. Our minds deal with the world of thought. The heart, of course, is preoccupied exclusively with the world of emotion. Our feelings teach us many things about ourselves and about others. Finally, we have the capacity for direct contact with the higher realms by way of intuition. Intuitive insight comes in a flash. It is not rational -- that is the world of the mental plane -- but comes as if it were placed at the doorstep of our minds. Intuition, therefore, bypasses all effort.

These four faculties exist in all of us. But each of us depends more on one or two of them for the bulk of our knowledge. Some of us are possessed by our senses, while others live almost exclusively in our hearts, or minds.

Numerology indicates how we as individuals function on each plane.

The letters of the alphabet are divided in four categories: physical, mental, emotional and intuitive.

The proportion of each category in your name gives a good indication of which Planes of Expression are strongest in you, and which ones are weaker.

These Planes of Expression can greatly help you to understand your talents and abilities.

PLANE OF EXPRESSION PHYSICAL

Your Plane of Expression Physical is 9

Melissa, you have a strong presence. You are charismatic and have a dramatic flair in your personality, which may direct you to the theater.

You are also drawn to politics, publishing, promotion, and public service -- any career that requires a certain amount of time before the public. You are attracted to doing things on a large scale.

You are a humanitarian. You are concerned about the well being of society. You have a great deal of compassion, tolerance and generosity.

You are highly idealistic and a bit of a dreamer. You are not particularly practical, however. Very often, you are not understood by others, and sometimes considered indifferent and aloof.

In some way, you want to please everyone and tend to give promises that may be impossible to keep.

If you develop your abilities, you have a significant chance to become famous.

PLANE OF EXPRESSION MENTAL

Your Plane of Expression Mental is 9

Melissa, your thinking goes naturally to large scale endeavors. You are concerned about the general well-being of society, and have a long range perspective.

You are highly compassionate but somewhat impersonal in your relationships with others. It takes a long time for people to get to know you intimately. At the same time, you give your energy unselfishly to worthy causes and earn the respect of people for your commitment.

You are romantic and possess a touch of the dramatic. You are likely attracted to public service, or the theater, either as a benefactor, actor, or writer.

You have a broad view of humanity and can deal effectively with people from all walks of life. You have little if any prejudice.

PLANE OF EXPRESSION EMOTIONAL

Your Plane of Expression Emotional is 11/2

Melissa, you are highly emotional, intuitive, and extremely sensitive to your environment. You have a tendency to go up and down emotionally with whatever is the overriding stimulus in your surroundings.

You are overly concerned with the opinions of others.

You are highly aware of what others are thinking. You perceive their motivations and hidden feelings.

You enjoy, and even need, beauty and harmony around you. You are very tactful and diplomatic. You have a gift for saying the right thing at the right time.

Melissa, you are extremely vulnerable to stress. You can experience much nervous tension and if not properly cared for can suffer some type of nervous disorder.

You have a subtle mind and talent as a healer and counselor.

PLANE OF EXPRESSION INTUITIVE

Your Plane of Expression Intuitive is 6

Melissa, you are extremely intuitive and spiritual. You take your spiritual ideas and experiences quite personally. There is a danger of too much attachment to your ideas and thus becoming deluded.

You have talent as a teacher or minister.

You have psychic experiences often related to friends and relatives and should take these messages seriously.

BALANCE

People experience different internal responses to life's challenges. Some withdraw from difficult situations to think them through; others withdraw from their emotions, to try and keep themselves from feeling anything. Some explode with emotions, but allow the explosion to pass quickly. Others linger with their feelings, holding on to them well past the time they should have let them go.

Very often, these are conditioned or emotional responses that emerge without thought or analysis. Maturity and self-development help us to learn new and more effective methods of handling our world and the problems we confront. Your Balance number provides you with the guidance on how best to deal with difficult or threatening situations.

Your Balance is 2

Use tact and diplomacy, Melissa. Be less emotional. Be courageous in your

approach to the solution you seek, rather than backing away from problem because you fear confrontation. Work hard to diffuse tension; your innate talent is to find a mutually satisfying solution to all. You are willing to compromise.

Be more optimistic and lighthearted. Melissa, try not to blow problems out of proportion. You are overly sensitive and have to work to be more balanced.

Balance and harmony are there for you the minute you apply yourself to any problem. Melissa, you can be the peacemaker.

RATIONAL THOUGHT

Your Rational Thought number reveals what can probably best be described as the way you think. Are you a practical, methodical thinker, or a dreamer? Do you frequently allow your imagination to color your perception? Are you unconventional and original in the face of a practical problem, or do you stick to proven methods?

This is the kind of information revealed through your Rational Thought number.

Your Rational Thought is 28/1

Melissa, you are an independent thinker, original, and not easily influenced by others. You tend to pursue a line of thought stubbornly, and you can be dominating in intellectual discussions.

You tend to solve problems and plan projects with a straight-forward approach. You rarely allow yourself to be distracted. Quite often, you realize at some later stage, that you did not pay enough attention to the available alternatives, and a project may find itself stuck with no chance of further advancement. When you find yourself facing such a situation your frustration tends to be considerable but of short duration. You simply start all over. You do not give up easily.

CORNERSTONE

The first letter of your first name gives an additional indication to your character, particularly as to the manner in which you approach opportunities and obstacles. The first letter is called your Cornerstone.

Your Cornerstone is M

Melissa, you are energetic and hardworking with a touch of the workaholic. You are efficient and do not tire easily. You likely have a strong physical constitution. You are domestic and want financial security. Melissa, you are tolerant and can endure hardships. You have to be more patient with others.

SUBCONSCIOUS SELF

Your Subconscious Self reveals how you react to demanding situations. It indicates your ability to get the most out of your talents and opportunities, especially when you face new or challenging circumstances. The Subconscious Self also reveals the areas of our character that need to be strengthened.

Your Subconscious Self is 6

You like to help others, sometimes to the extent that you do not pay enough attention to your own needs. Melissa, you are primarily concerned with your home and your family. Everything else comes second. You radiate love and genuine concern for others. During times of distress you turn to your family and friends. You are responsible and willing to sacrifice for others.

CHALLENGES

Each of us is born with both strengths and weaknesses. Numerology looks at life as if it were an educational process that is meant to bring out and enhance our talents, and turn our weaknesses into strengths. This serves to complete our being.

The job of becoming whole is one in which we must face our weaknesses and consciously work to improve ourselves. There are four Challenges to be faced during our lives. For many of us, the same challenge is repeated, while others have four distinctly different lessons to learn.

The Challenges on your life's path provide specific lessons that you must attend to, and, in order to inspire and help you, life will place you in situations that require the specific characteristics of your Challenge numbers.

The four Challenges you are required to overcome during the course of this lifetime will influence you during different periods of your life, except for the Third or Main Challenge, which lasts from birth until death. The Challenges are fluid periods of your life, not confined to specific years so much as general periods. All of your Challenges are present at birth, like actors standing in the wings.

THE FIRST CHALLENGE

The duration of the First Challenge usually lasts from birth until approximately the age of 30 to 35.

Your First Challenge is 2

Melissa, you are overly sensitive and too aware of other peoples' expectations.

You suppress yourself to avoid feeling conspicuous. You can be overwhelmed by self-consciousness. You fear gossip about you. As a result, you become inhibited. All of this results in a suppression of your own individuality and uniqueness. You yearn to blend into the crowd.

You let your own feelings and emotions play too big a role. Your hypersensitivity causes fear, timidity and lack of self-confidence. And you experience unnecessary fear and emotional turmoil.

Little things seem disproportionately difficult to overcome and sometimes have a paralyzing effect. Jealousy can cause much pain and misunderstanding.

These negative aspects of the challenge actually spring in part from positive characteristics you possess, especially your acute awareness and intuition. You are an antenna for other people's feelings; you know before a word is spoken how they feel.

Melissa, you lack the inner strength to maintain your own center, and try to conform to the prevailing emotional atmosphere.

This challenge makes you understanding and compassionate; you have an enormous empathy for the inner turmoil of others and can do much good for people with emotional problems.

THE SECOND CHALLENGE

The Second Challenge usually lasts until the age of about 35 to 40.

Your Second Challenge is 2

(This Challenge is the same as the First, as described above.)

THIRD CHALLENGE

This Challenge carries much weight and will be felt throughout your life. For that reason, it is also called the Main Challenge.

As you master this challenge, your life will come more and more under your own control. You will incorporate the positive aspects of the challenge into your character. This is its purpose in the first place. Therefore, there is implicit in the challenge a chance for great reward.

In short, this may be the secret to your success.

Your Third Challenge is 0

This is a less demanding challenge. Growth is allowed to take place without one particularly serious obstacle. This does not mean that there will not be challenges on your path, but there is no single and consistent challenge during

this period.

Melissa, you are being challenged to stay faithful and focused on your highest ideals.

There is an opportunity to go deeper within yourself, and discover the inner being that is you.

THE FOURTH CHALLENGE

The Fourth Challenge is most strongly felt during the latter part of our lives, beginning at the age of approximately 45.

Your Fourth Challenge is 4

You tend to be disorderly and disorganized. Melissa, you are impractical and tend to fantasize about projects or possibilities that have little value or future.

You must learn to discriminate between iron balloons and those that will fly.

You have difficulty finishing projects because your vision becomes chaotic and loses track of the path ahead.

You have to learn to be aware of the details. Keep your environment clean and orderly. Be efficient.

You have the ability to be practical and organized but you must learn their value. This will cause you to incorporate them into your daily life and give you the basis for success.

This is the challenge of building a lasting foundation for your life. Melissa, you will need perseverance and repeated effort. Get-rich-quick schemes will likely backfire; persistent effort is the key to your future happiness.

PINNACLES

The Pinnacles are four long-term cycles, or periods, on our Life Path. Each Pinnacle represents a particular lesson we are working on. The first Pinnacle usually lasts from birth to between the ages of 30 and 35 (your specific Pinnacle periods are provided below). The middle two Pinnacles each last nine years. The last Pinnacle will stay with you for the remainder of your life.

The Pinnacles are very important. The transition from one Pinnacle to the next is always strongly felt. Your Pinnacles reveal the general conditions and events you will experience during the period. The Pinnacle describes the atmosphere, or the essential challenge you will be faced with.

You can prepare yourself for the times ahead by knowing your approaching Pinnacle number.

The transition from one Pinnacle to the next is usually prepared for approximately 2 years in advance. The latter part of that two year period is

particularly strong. Melissa, you will likely make some life-altering decisions -- marriage, job or career change, or any number of major changes in your character.

Perhaps the most strongly felt change -- internally as well as externally -- is the transition from the first to the second Pinnacle. This change usually takes place in your late 20s or early 30s -- the exact date depends on your Life Path number and is provided below. You begin to feel the impact of this coming change approximately two years prior. This is usually a difficult transition, but once crossed usually provides a clear sense of direction in one's life. It also gives you a much firmer sense of your identity. It is a gateway to maturity.

Your First Pinnacle (from birth until age 33) is 1

Melissa, this is a period requiring much independence, courage, resiliency, and initiative. You must bounce back after many difficult experiences. The challenge of this Pinnacle is to gain will power.

There is not a lot of support from others or from family. You must draw from your own strength. You will have to guard against self pity or surrender.

Keep focused on your dreams. This Pinnacle will require an iron will to keep hold of your goals, and also the flexibility to maneuver around difficulties, and bend with the winds of adversity.

This is a period of rapid self-improvement and growth. You will be forced to use every talent and capability you possess. You will need to be resourceful.

Melissa, you must continually put out effort, but with it comes great reward. Without it, there is no accomplishment nor satisfaction, only a negative attitude toward life.

Be careful not to become too self centered, headstrong or self important. Be strong but flexible. Be open to the counsel of others, but make up your own mind.

The benefit of this Pinnacle number is a strong sense of your individuality and strength. You will know what you are made of. There are many hidden gifts in this period, perhaps the greatest of which is faith.

Your Pinnacle provides you with the characteristics of leadership, boldness, and daring. You will have many unconventional ideas and the skill and courage to make them a reality. Your abilities to manage and organize people and institutions are greatly enhanced. You have vision and confidence in the worth of your dreams.

These characteristics provide great opportunity for success and major accomplishments.

Your Second Pinnacle (from age 34 until age 42) is 6

Under this Pinnacle you will be very involved with family, friends, and your

community. Melissa, you will face an increase in responsibilities and duties, but you have a greatly enhanced sense of balance and perspective that allows you to handle emotional issues well.

Your family demands much of your attention. Matters involving spouse and children require much security, love, and sacrifice. You are the centerpiece of your family, the one people come to for solace and understanding. You may feel an increased burden, as you carry the cares of many. You will experience a deep sense of being needed.

This Pinnacle is full of love, closeness, and warmth, but you must rise to the challenges that close relationships bring. Melissa, you must settle and bring harmony to personal conflicts between others. You are often the only one with perspective in a conflict. It is as if you are the keeper of justice, bringing understanding and compromise to situations that are polarized.

Under the influences of this Pinnacle -- especially at its outset -- people are often married or start families. Children are born, in-laws come into your life. You are the nucleus of a little world.

You must maintain your dignity. This is a period that makes it easier to sacrifice, but you can overdo it, becoming a doormat for others to step on simply to maintain a degree of peace. Know your limits and maintain healthy relationships.

This is a fine period for growth in business and financial matters. You attract people with resources who can help to further your personal goals. Moreover, you are balanced in your approach to business affairs. This can bring many rewards.

Melissa, your heightened sense of harmony and your genuine compassion makes you an excellent counselor and healer, especially if you already have native talent in any of these areas.

Personal health matters can also surface, causing you to reflect on diet, exercise, and other health habits.

Your desire to help others is also increased. But this can lead you to poke yourself into situations where you do not belong, or delve too deeply into other people's personal affairs. Be careful not to meddle or interfere.

The 6 Pinnacle is a time of progress and growth as a full human being. You are capable of developing yourself in many different directions -- as a loving mate and parent; a sound businessperson; and as a pillar of your community. The time requires the balance you possess, since you can easily stretch yourself in too many directions and ultimately feel burned out by the demands in your milieu.

Your Third Pinnacle (from age 43 until age 51) is 7

This is a period of inner development and soul searching. Melissa, you will

deal with the deeply important questions of personal existence and the meaning of life. You will need time to be alone to contemplate your inner world. This is a time of spiritual growth. You will experience a heightened sense of faith. The power of the universe will be the force that carries you along.

You have an enhanced appreciation of poetry and nature. Walks in nature provide great therapeutic value and spiritual nourishment.

This is a time of specialization. You will pursue some course of development with fervor and focus. Your ability to concentrate will be greatly increased. Melissa, your desire to study in all forms -- reading, self reflection, and contemplation -- will reach an all-time high. Your intuition is much more sensitive, making your path a little easier and more direct, since you know intuitively the appropriate next step.

Under this Pinnacle, you will become an expert in one particular field. Your capacity to penetrate the depths of a subject area is enormous. You will look below the surface in virtually everything you encounter. It is very possible that you will find yourself in a teaching role.

You must consciously work on your closer relationships, especially with your spouse and children. You must explain that your desire to turn inward is not an escape or an avoidance of those you love, but a deep need for knowledge.

During this 7 Pinnacle, spiritual growth, increased knowledge, and wisdom are the big rewards. The 7 Pinnacle provides the basis for contentment in older age, because you now begin to understand life more deeply.

Melissa, your challenge is to avoid becoming critical or cynical of others. You can become so withdrawn from society that you look down on others. You may forget that you, too, are part of the imperfect human race. Sarcasm is the lowest form of communication, and a trap you could fall victim to.

Your desire to attain some high degree of perfection is sincere. But that pursuit can make you miserable if you lose perspective and fail to realize the relativity of human existence. Perfection is a Utopian goal, but an unrealistic ambition. It can cause you to be dissatisfied with yourself and others.

The 7 provides the possibility of true refinement, insight, and a high degree of wisdom. This deep understanding is the basis for self-love and true happiness.

Your Fourth Pinnacle (from age 52) is 8

Melissa, under the influences of this Pinnacle, you will have greatly enhanced talent for dealing successfully with business and finances. This is a time of material growth, a time of expansion and reward. It is the cycle of harvest.

The 8 Pinnacle also increases your personal power. You have sound judgment and vision. In fact, this is the basis of your financial success.

People sense your power and effectiveness. They defer to you much more easily, and look to you for answers. This makes it easier for you to use power

without having to be a bully or force your way through situations. They perceive your ability and want to join you in your vision. Others have faith in you.

You will be able to organize large enterprises. Problems do not threaten you so much as provide a challenge. You yourself sense your enhanced personal powers and feel a growing sense of stability and centeredness. You will be capable of influencing matter in an almost magical way. As a result, you are extremely goal oriented, moving toward the realization of your dreams with confidence and clarity.

Melissa, your challenge during this period is to maintain a hold on your human and spiritual values. You must remain balanced between heaven and earth. There will be enormous temptations to make money and status your only priorities, excluding the more human or immaterial matters entirely. This will undoubtedly lead to losses. You are being tested and instructed in the real value of money -- its natural place in life. If money is placed on a high altar, overshadowing all other facets of life, you will become its slave.

If you are balanced in your approach to money, and have proper perspective, this can be a truly rewarding period, both materially and spiritually. That is the true promise of the 8.

The number 8 symbolizes the balance between the finite and infinite, matter and spirit. It offers a great opportunity to grow.

CYCLES

Like most stories, there are three great divisions of our lives: the First, or opening period, finds us groping to find our true nature; at the same time, we are trying to cope with the powerful forces that are present in our environment, our parents and the socio-economic conditions of our family, for example. The Second Cycle, or middle period of our lives, brings about the slow emergence of our individual and creative talents. The initial part of this cycle -- the early and mid 30s -- represents a struggle to find our place in the world, while the late 30s, 40s, and early 50s, sees us with a greater degree of self-mastery and influence over the environment. The Third, or final Cycle, can represent a flowering of our inner being, such that our true nature has finally come to fruition. It is during this period that one has the greatest degree of self-expression and power.

Your First Cycle (from birth until age 33) is 6

A time of family, responsibility, and duty. The issues of commitment, marriage, and family all come into sharp focus. When the commitments are made and one responds lovingly and with acceptance, this is a period of much harmony and support. You are greatly needed by those around you. You will be loved and appreciated. This is the best cycle for marriage. In the same way, partnerships

go well and much progress is made from joint activities. Conversely, if commitments are not deeply made or are broken, separation and divorce often occur. Any artistic talent you possess will surface and new opportunities for self-expression will present themselves. Melissa, you are also under very supportive influences for starting a business. This is a time of progress through flexibility, cooperation, and compromise.

Your Second Cycle (from age 34 until age 60) is 4

A time of hard work and all the rewards it can bring. This is a period in which you are concerned chiefly with the practical things of life: work and career, sound family and a solid community. Melissa, you are not given to flights of fancy or idealism, but want to place your life on sound financial footing. You can be overly concerned with details and thus can find yourself in ruts that will have to be broken free of. Find work you love and do it to your heart's content, but do not neglect the rest of your humanity, or that of others close to you. This is a time requiring discipline, order, and self-motivation. Work is the order of the day. But through these characteristics, you will be seen as the foundation of your family, job, and even community.

Your Third and last Cycle (from age 61) is 2

This is a period of slow and patient development. Melissa, you are acutely sensitive to your surroundings and highly intuitive. You possess a gift as a peacemaker and have tremendous power through gentle persuasion. Cultivate the talents of tact and diplomacy. Cooperate with others. Musical and other artistic talents come to fruition. Partnerships are important, requiring understanding and compromise. You need patience and flexibility, but you are under a gentle and benevolent influence in which others are happy to support you. Seek out beauty and harmonious environments, spend time in nature, and enjoy the peace of close companionship. This is a period of slow but steady progress.

TRANSITS

The Transits are the individual letters of your name that combine to form the Essence, which is the number that reveals a great deal about your year ahead. Your name can be seen as a piece of music that vibrates in time. Each note, or letter, has a specific duration and influence over the course of your life. Melissa, your life, therefore, can be seen as a musical score, with the individual letters making specific contributions at given points, just as notes in a musical piece are played at specific points to give a piece of music its rhythm, character, and nuance.

The Transits appear as part of your Progressive Chart and will tell you much about specific influences taking place in your life during given years.

THE PHYSICAL TRANSIT

Your Physical Transit for age 36 is I

This is a very emotional time with many ups and down's. Melissa, you are high-strung and vulnerable to stress. You are somewhat accident prone. You need to develop calmness, centeredness, and an acceptance of life. You must control your moods and not slip into feelings of self-pity and insecurity. At the same time you are very competitive and have the opportunity to achieve success and financial reward.

Your Physical Transit for age 37 is I

(The Physical Transit for age 37 is the same as that for age 36, as described above.)

Your Physical Transit for age 38 is I

(The Physical Transit for age 38 is the same as that for age 36, as described above.)

THE MENTAL TRANSIT

Your Mental Transit for age 36 is N

Melissa, you will have opportunities to expand your horizons. There will be adventurous experiences and travel. A change of residence is very possible. This is a dynamic time with many new activities. You will make some important social contacts. You search for love and fulfillment. Sacrifice, adaptability and flexibility are called for. You will also be concerned with finances and may worry too much about these matters. You tend to be forgetful during this time. You will also feel more sensual than usual. Physical exercise is important during this period.

Your Mental Transit for age 37 is N

(The Mental Transit for age 37 is the same as that for age 36, as described above.)

Your Mental Transit for age 38 is N

(The Mental Transit for age 38 is the same as that for age 36, as described above.)

THE SPIRITUAL TRANSIT

Your Spiritual Transit for age 36 is I

This is a very emotional time with many ups and down's. Melissa, you are high-strung and vulnerable to stress. You are somewhat accident prone. You need to develop calmness, centeredness, and an acceptance of life. You must control your moods and not slip into feelings of self-pity and insecurity. At the same time you are very competitive and have the opportunity to achieve success and financial reward.

Your Spiritual Transit for age 37 is I

(The Spritual Transit for age 37 is the same as that for age 36, as described above.)

Your Spiritual Transit for age 38 is I

(The Spritual Transit for age 38 is the same as that for age 36, as described above.)

ESSENCE

The Essence Number and the Personal Year Number are the two essential indicators of the forces that will influence your life during the course of any year. While the Personal Year runs from January to January, the Essence is most strongly felt from birthday to birthday. For example, if your essence number is 8 for the year 1988, you would begin to feel the influence of that 8 most powerfully after your 1988 birthday. The influence would begin to wane during 1989 and would finally end at your birthday of 1989.

The Essence number indicates the lessons you will be dealing with during that year. It says a great deal about how you will perceive your environment. It also gives clear advice on how you can be most successful during the year, that is, which types of behavior will be supported by your milieu, and which ones will be less effective.

Your Essence at the age of 36 is 23/5

This is an important time of progress and advancement along the lines of your talents. Melissa, you will experience a relief from burden and increased personal freedom. Any talent you possess in writing, public relations, and the arts will be greatly enhanced. At the same time, business matters flow quickly and new opportunities for expansion seem to arise out of nowhere.

People are attracted to you and seek to help you achieve your goals. You possess an almost magical ability to promote yourself. Your fluency with words is greatly increased. You are more charming and attractive, which opens many new doors.

This is a period of travel and much learning. Opportunities to visit distant lands, encounter foreign cultures and peoples, and learn about life will come to you. Your personal growth will speed up considerably.

As such, many old habits and outdated methods will fade from your life. It is as if you are being catapulted from the old and outworn, into a new and fast-paced period of personal growth and development.

Melissa, your desire to satisfy your senses will also increase dramatically. You must be careful not to overindulge in food, alcohol, sex, and even drugs.

Sudden events and chance occurrences will come your way. You must be alert to your opportunities. This is not a period of sitting back and waiting, but a time to move ahead rapidly.

Your challenge is to remain focused on your more long term goals. Be disciplined in your work. Don't have too many irons in the fire. Sort out the important projects and endeavors and see them through from start to finish. Focus, discipline, and completion are the keys to your success.

Your Essence at the age of 37 is 23/5

(The Essence for age 37 is the same as that for age 36, as described above.)

Your Essence at the age of 38 is 23/5

(The Essence for age 38 is the same as that for age 36, as described above.)

PERSONAL YEARS

Your Personal Year number is a strong indication of the trends and circumstances you will experience during the year ahead. Your Personal Year cycles are based on the Universal Year cycles and therefore run concurrent with the calendar year. Transit and Essence cycles are based on the letters of your name and run from birth date to birth date.

There are nine personal year numbers, which makes up a complete Epicycle.

Each Epicycle reveals the progression or evolution of a specific part of your growth. Melissa, your progress along this Epicycle can be seen very logically, from the infancy or beginning of a growth period in your life, to the conclusion or culmination of that process. The 1 personal year indicates your first steps in a new direction. The years that follow indicate your progress along this path, concluding with your 9 Personal Year, which completes the cycle. Below is a description of your current Personal Year. It indicates where you are on the 9 year Epicycle.

The Personal Years form the building steps that mark your progress through life.

Your Personal Year for 2019 is 4

This is a year to be organized and practical. Take care of details. Commit yourself entirely to your goals.

Melissa, your concentration and ability to focus will be much improved over last year. You will have an attitude of realism and determination.

There can be a sense of limitation and some frustration this year. However, it is a year of important opportunities that must be seized. There can be considerable work-related travel.

You must be flexible this year to make full use of the opportunities that present themselves. It will require a combination of perseverance, hard work, and versatility.

You will receive recognition for your efforts and support from your friends and family.

It is a good year to buy real estate or remodel your home. It is also a good time to take care of projects which have been postponed for too long.

Fulfill your obligations and do not be afraid to spend some of that hard earned money. Selling and trading during this year usually is quite successful.

This is the year to work on your foundation and prepare yourself for the many changes that will undoubtedly come next year.

As a result of your hard work, there will be much satisfaction and a feeling of accomplishment.

January and February will bring some important change, a new opportunity perhaps. March requires self-reflection and reshaping of your plans. It is a good time to meditate on what lies ahead. June brings a new and important step -- a breakthrough, perhaps -- in your work. October brings changes and a sense of chaos. Melissa, you may feel threatened by the changes that are on the horizon. But November brings assistance in the form of a promotion or additional financial support.

Your Personal Year for 2020 is 5

This is a year of dynamic change, Melissa. Many surprises will come your way. Be open and ready to embrace new opportunities.

Do not be overly careful this year. This is a year in which a major step forward can take place if you are willing to take some calculated risks and do a little gambling. Wisdom and prudence is the key, but you will definitely be faced with choices that require fast action and a willingness to act before all the facts are in.

This is an exciting year in which you will be required to promote yourself in order to take full advantage of the opportunities that await you.

There will be increased opportunity to travel and possibly a change of residence.

You may be tempted by the desires of the flesh: too much food, alcohol, sex, and drugs. Be careful and discriminate. You could make mistakes in these areas.

You will have some unexpected adventures and lucky breaks this year.

This can be an unsettling year if you try to cling to outmoded methods or characteristics. This is a year to throw off the old and adopt the new. It is a rebirth and a release after last year's struggle.

This is a year in which change takes place consistently, and particularly so in April and May. July is a breakthrough, a time to enjoy life. September can be intense, while October requires tact and balance in relationships.

PERSONAL MONTHS

Your Personal Month for December 2018 is 6

Melissa, December is a 6 Personal Month in a 3 Personal Year. The month stabilizes your work-environment, but requires that you work on your relationships and family affairs. You will be in the unique position to counsel and support someone in your circle of friends and family with immediate and positive result.

It will be one of the most rewarding experiences of this year for you.

A promotion or a raise are possible, as is an increase in your workload.

This month is good for business and financial affairs, particularly for long-term planning and investment. If you are involved in legal affairs, the time is right to surge ahead.

Romance is also favorable. Commitments bring stability. For those who have become involved in a relationship during the course of this year, this is a good month to exchange vows.

This should be a wonderful time for most of those who are in the last stage of this 3 Personal Year. The holidays bring family and friends together, for much love and the rewards of the season.

Your Personal Month for January 2019 is 5

Melissa, January is a 5 Personal Month in a 4 Personal Year. You experience some self-doubt related to your work situation. You may question your direction. This frustration will be in the background for most of the year, but this month particularly feels a little bit out of control. However, hidden forces are guiding you carefully and your best approach is to persevere.

Later this month, or early next month, an opportunity will come your way that represents a step forward in your career.

This month also brings some unexpected changes in other areas of your life; possibly an unexpected trip. Be cautious in all financial affairs.

Melissa, your family members demand a lot of attention and much practical guidance is required from you. They look to you for direction.

Social events are favorable, particularly when they are work-related. You will make a very positive impression on someone who can help you move forward.

If married or involved, maintain harmony and avoid rocking the boat.

Your Personal Month for February 2019 is 6

Melissa, February is a 6 Personal Month in a 4 Personal Year. It brings an increase in responsibility and workload. You receive recognition for your efforts and abilities, and probably a financial increase, as well.

Perhaps even more important is the role friends and family play during the period. Loyalty and a willingness to sacrifice time and energy to your loved ones are needed.

You, in turn, receive comfort and satisfaction from their obvious love for you. It is a time of love, warmth, and a strengthening of the bonds that form the foundation of your life. It is also a good time to start domestic projects, such as minor remodeling and home repair.

If you are not married and are not involved in a relationship, you may meet someone who catches your interest. In this case, the relationship will develop slowly but will endure. Melissa, your focus should be on being dependable and active.

There is no room for procrastination. Your health improves during this time.

Your Personal Month for March 2019 is 7

Melissa, March is a 7 Personal Month in a 4 Personal Year and should bring some significant changes in your outlook. Indeed, the month is filled with the mystery of life.

You are aware that you are developing spiritually. This is not a good time to deny important issues in your life, or be superficial about significant matters.

Your dreams are vivid and if you take some time immediately after awakening to contemplate their meaning, you have the potential to gain some insights that uplifts you and raises your confidence in your life's direction.

You are mentally sharp and creative. You solve problems and gain insight into things that have floated in the background of your consciousness for some time.

It is a period of hard work -- possibly overtime -- juxtaposed with much soul-searching and the need for quiet contemplation.

You may be offered an opportunity to become involved in a new endeavor. Be careful with anything that promises a fast return. This year, long-term projects are far more favorable than get-rich-quick-schemes, or short-term gambles.

Your need for peace and quiet during this month may make your friends and family members wonder whether you have some problem that you are not willing to share.